

Ashville Road

Visitor Centre

Park Road North

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Birkenhead Park

KEY:

- 1 Pull-Down Challenger
- 2 Double Cross Country Skier
- 3 Tai Chi Spinners
- 4 Seated Leg Press
- 5 Air Skier
- 6 Push-up and Dip Station
- 7 Seated Chest Press
- 8 Triple Pull-up Station
- 9 Double Air Walker
- 10 Strength Trainer
- 11 Double Sit-up boards
- 12 Twist and Step
- 13 Arm & Pedal Bike